



Gastroenterology

Associates, PC

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UPPER ENDOSCOPY/GASTROSCOPY

Your procedure is scheduled for: DAY: _____ DATE: _____ TIME _____

If you have any questions, you may call (571)248-0653. Please check with your insurance company to ensure coverage and that you have met all referral requirements.

You will be medicated for this procedure so you must have a friend or family member drive you home. You will not be allowed to ride home in a cab!

INSTRUCTIONS:

- If your procedure is in the morning, have nothing to eat or drink after midnight the night before the Procedure

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

- If your procedure is in the afternoon, have nothing to eat after midnight. You may have clear liquids in the early morning at least 6 hours before procedure.

CLEAR LIQUIDS: Water, sparkling water, apple juice, white grape juice, iced tea, hot tea, Gatorade, black coffee (no cream or milk), sodas-any kind, broth/bouillon, Jell-O, popsicles.

(no red, purple or orange dye in anything you eat or drink)

***3 days** before the procedure, (_____) STOP aspirin, anti-inflammatory medications (Aspirin, Aleve, Advil, Motrin, Ibuprofen, NSAIDS, Naproxen, Excedrin, Bufferin, Plavix, Celebrex etc.) **Tylenol is OK.** If you are on COUMADIN be sure to let the office know as you will need to stop this as well and get a blood test.

****NOTE**** If you cannot keep your appointed procedure time and fail to give our office a 72 hour cancellation notice, or fail to show up for your procedure, you will be charged a \$100. "NO SHOW" fee.

Please call if you have questions or concerns.

ARRIVAL TIME AT GAINESVILLE ENDOSCOPY SUITE: _____

7915 Lake Manassas Drive, Suite 302, Gainesville, VA

ABSOLUTELY nothing by mouth 6 hours prior to your procedure

This includes NO chewing gum and NO candy.

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

www.doctorgi.com

8650 Sudley Road, Suite 410, Manassas, VA 20110 (703)368-6819 F(703)330-2923

402 Hospital Drive, Warrenton, VA 20186 (540)347-2470 F(540)349-4683

7915 Lake Manassas Drive, Suite 302, Gainesville, VA 20155 (571)248-0653 F(571)248-0658