



Gastroenterology

Associates, PC

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UPPER ENDOSCOPY/GASTROSCOPY

Your procedure has been scheduled for _____ at _____.

If Pre-Registration from the hospital has not called you PRIOR to your procedure, please give them a call at 703-369-8415 and pre-register. If you are pre-registered over the phone, you can go directly to Special Procedures on the first floor in the Hospital, arriving one hour before your scheduled procedure time. If you are NOT pre-registered, you must stop at Registration on the first floor of the Hospital.

You will be medicated for this procedure so you must have a friend or family member drive you home They must stay while you are having the procedure and are in recovery. You will not be allowed to ride home in a cab!

INSTRUCTIONS:

- If your procedure is in the morning, have nothing to eat or drink after midnight the night before the Procedure

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

- If your procedure is in the afternoon, have nothing to eat after midnight. You may have clear liquids in the early morning at least 6 hours before procedure.

CLEAR LIQUIDS: Water, sparkling water, apple juice, white grape juice, iced tea, hot tea, Gatorade, black coffee (no cream or milk), sodas-any kind, broth/bouillon, Jell-O, popsicles.
(no red, purple or orange dye in anything you eat or drink)

***3 days** before the procedure, (_____) STOP aspirin, anti-inflammatory medications (Aspirin, Aleve, Advil, Motrin, Ibuprofen, NSAIDS, Naproxen, Excedrin, Bufferin, Plavix, Celebrex etc.) **Tylenol is OK.** If you are on COUMADIN be sure to let the office know as you will need to stop this as well and get a blood test.

****NOTE**** If you cannot keep your appointed procedure time and fail to give our office a 72 hour cancellation notice, or fail to show up for your procedure, you will be charged a \$100. "NO SHOW" fee.

Please call if you have questions or concerns.

ARRIVAL TIME AT THE HOSPITAL: _____

8700 Sudley Road, Manassas, VA

ABSOLUTELY nothing by mouth 6 hours prior to your procedure

This includes NO chewing gum and NO candy.

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

www.doctorgi.com

8640 Sudley Road, Suite 201, Manassas, VA 20110 (703)368-6819 F(703)330-2923

402 Hospital Drive, Warrenton, VA 20186 (540)347-2470 F(540)349-4683

7915 Lake Manassas Drive, Suite 302, Gainesville, VA 20155 (571)248-0653 F(571)248-0658