



Gastroenterology

Associates, PC

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UPPER ENDOSCOPY/GASTROSCOPY

Your procedure has been scheduled for _____ at _____.

Your procedure will be performed at the Prince William Surgery Center.

Please call 703-369-8525 if you have any questions.

You will be medicated for this procedure so you must have a friend or family member drive you home They must stay while you are having the procedure and are in recovery.

You will not be allowed to ride home in a cab!

INSTRUCTIONS:

- If your procedure is in the morning, have nothing to eat or drink after midnight the night before the Procedure

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

- If your procedure is in the afternoon, have nothing to eat after midnight. You may have clear liquids in the early morning at least 6 hours before procedure.

CLEAR LIQUIDS: Water, sparkling water, apple juice, white grape juice, iced tea, hot tea, Gatorade, black coffee (no cream or milk), sodas-any kind, broth/bouillon, Jell-O, popsicles.

(no red, purple or orange dye in anything you eat or drink)

***3 days** before the procedure, (_____) STOP aspirin, anti-inflammatory medications (Aspirin, Aleve, Advil, Motrin, Ibuprofen, NSAIDS, Naproxen, Excedrin, Bufferin, Plavix, Celebrex etc.) **Tylenol is OK.** If you are on COUMADIN be sure to let the office know as you will need to stop this as well and get a blood test.

****NOTE**** If you cannot keep your appointed procedure time and fail to give our office a 72 hour cancellation notice, or fail to show up for your procedure, you will be charged a \$100. "NO SHOW" fee.

Please call if you have questions or concerns.

Your Arrival time at the Surgery Center _____.

8644 Sudley Road, Second Floor, Manassas, VA

ABSOLUTELY nothing by mouth 6 hours prior to your procedure

This includes NO chewing gum and NO candy.

If you take blood pressure or anxiety medicines, you may take these with a small sip of water.

www.doctorgi.com

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