

Your procedure will be performed at:

- Gainesville Endoscopy Suite**
7915 Lake Manassas Drive,
Suite 302
Gainesville, VA 20155
- Warrenton Endoscopy Suite**
170 W Shirley Ave,
Suite 205
Warrenton, VA 20186
- Prince William Hospital**
8700 Sudley Road
Manassas, VA 20110
- Prince William Surgery Center**
8644 Sudley Road, Second Floor
Manassas, VA 20110
- Fauquier Hospital**
500 Hospital Drive
Warrenton, VA 20186
- Haymarket Hospital**
15225 Heathcote Boulevard
Haymarket, VA 20169

*Be sure to arrive **ON TIME**
and at the **CORRECT**
LOCATION.*

For scheduling issues/questions, please
call your scheduler listed on the front.

For insurance inquiries, please call:
Billing 571.428.2969

WHAT TO EXPECT THE DAY OF YOUR PROCEDURE:

- Shortly after arriving, a nurse will take you back for you to get changed and IV started.
- Once you are settled, your driver can come back and sit with you until you are taken to the Procedure Room
- Your driver should stay in the waiting room until after your procedure
- After your procedure, you will get dressed and have some crackers and water while you wait for the physician to speak with you about their findings. Your driver will be with you during this time.
- You will be taken out in a wheelchair due to anesthesia.

IMPORTANT FINANCIAL INFORMATION:

Colonoscopy categories:

Preventative Colonoscopy Screening: Patient is without symptoms and is 50 or older. Unless you are African American, in which case the guideline is 45. Or if you have a family history of colon cancer, in which case a screening can be performed 10 years prior to the age of the family member when diagnosed – mom, dad or siblings. (CPT 45378)

Surveillance Colonoscopy: Patient is without symptoms but may have a personal history of GI disease, colon polyps and/or cancer. Patients in this category are requested to undergo colonoscopy at shortened intervals (every 2-5 years).

Diagnostic Colonoscopy: Patient has current gastrointestinal symptoms, GI disease, iron deficiency anemia and/or any other abnormal tests. (CPT 45380)

IF YOUR COLONOSCOPY IS ORDERED BECAUSE OF A SYMPTOM, IT CANNOT BE BILLED AS A SCREENING.

A physician cannot change a diagnosis so that you can be eligible for a screening. If a diagnosis is documented on your record, that has to be included in the billing of the colonoscopy. If your insurance company tells you the doctor can change or add a CPT or diagnosis code, please get their name and phone number because this information is false! That is insurance fraud.

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Preparing for your **Colonoscopy** Procedure with **Miralax**

*Review these instructions **AGAIN**
3 days before your procedure and
follow them carefully.*

Patient Name

Physician

Procedure Date

Pre-Op Arrival time

Procedure scheduler name

Phone _____

***Please arrive on time or your procedure
may need to be rescheduled.***



**ADVANCED
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GASTROENTEROLOGY ASSOCIATES

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IMPORTANT THINGS TO KNOW:

*Please wear comfortable clothing and footwear to your procedure and leave all valuables including jewelry at home. No contact lenses.

*On the day of your procedure bring your ID, insurance card, and a current list of medications.

*Women of childbearing age will be asked for an urine sample prior to the procedure.

You **MUST** have a driver accompany you to your procedure and remain in the center until you are discharged. This is for your safety due to the lingering effects of sedation. This policy is enforced at each facility.

YOUR PROCEDURE WILL BE CANCELLED IF YOU DO NOT HAVE A DRIVER.

PREP INSTRUCTIONS:

You must purchase 64 oz. of Gatorade.

Optional purchase is peppermint candy.

SEVEN DAYS BEFORE PROCEDURE: _____

- STOP eating food with Olestra (fat free products)

FIVE DAYS BEFORE PROCEDURE: _____

- STOP eating foods with seeds, nuts, whole grains
- STOP eating corn and popcorn
- STOP iron supplements, vitamin E, fish oil, Omega 3, Flax seed oil, cod liver oil

THREE DAYS BEFORE PROCEDURE: _____

- STOP aspirin and anti-inflammatory medications: (Aleve, Advil, Motrin, Ibuprofen, NSAIDS, Naproxen, Excedrin, Bufferin, Plavix, Celebrex, etc.)
TYLENOL IS OKAY TO TAKE
- CONFIRM YOUR RIDE
- **DO NOT OVERTREAT FOR THE NEXT 2 DAYS**

DAY BEFORE YOUR PROCEDURE: _____

In the morning, put Gatorade in the refrigerator

If your appointment is after 12:00 (noon), you may have solids until _____.

Then you must follow the clear liquid diet as follows.

IMPORTANT THINGS TO KNOW, CON'T

*You should not drive an automobile, work, drink alcohol or operate heavy machinery for at least 12 hours after the procedure due to sedation effects of the medications used during your procedure. You may resume normal activities the next day.

APPOINTMENT TIMES: You will be assessed in the morning and may be cancelled due to your medical status at that time. The staff strives to adhere to your appointment time, however delays may occur and we request your understanding of these delays.

CANCELLATION POLICY:

There will be a \$200.00 fee assessed to your account if you fail to cancel within three (3) business days prior to your procedure.

Clear liquids ALL day, unless your appointment is after noon tomorrow

CLEAR LIQUID DIET:

WATER, SPARKLING WATER
APPLE JUICE, WHITE GRAPE
JUICE, GATORADE, ICED TEA,
HOT TEA OR COFFEE
(NO CREAM OR MILK), SODA,
BROTH OR BOUILLON,
JELLO, POPSICLES.



**NO RED, PURPLE OR ORANGE DYE
IN ANYTHING YOU DRINK.**

**BE SURE TO DRINK AT LEAST 8-10 GLASSES OF
CLEAR LIQUIDS DURING THE DAY.**

AT 12:00 NOON – Take two of the Bisacodyl tablets (save the other two until tomorrow)

AT 5:00 PM - mix the 238 gm. bottle of PEG 3350 with the chilled Gatorade. Shake and be sure powder is mixed completely. Divide in half. Drink an 8 oz. glass every 10-15 minutes.

Suck on peppermint in between to settle your stomach.

Complete drinking this within one hour.

IMPORTANT THINGS TO KNOW CON'T

**You may receive bills from different offices, but all related to your procedure:

Pathology for polyps or biopsies, Anesthesiology for your anesthesia, the Facility where you have the procedure and the Physician performing the procedure.

If your insurance plan requires a referral for this procedure, you must have one delivered to our office, **one week prior to your procedure date or your procedure will be cancelled.

If your insurance plan changes, you must notify our office **one week prior to your procedure date or your procedure may be cancelled.

(More financial information on back of this brochure)

THE MORNING OF YOUR PROCEDURE:

Date: _____

AT _____

- Take 2 Simethicone tablets
 - Take 2 Bisacodyl tablets
 - Drink 10 oz. bottle of Citrate of Magnesium
 - Drink other ½ of Gatorade
- Complete drinking this within one hour.**

If you take blood pressure or anxiety medications, you may take these with a sip of water in the morning. **DO NOT** take insulin or diabetes medication the day of your procedure.

**YOU MAY HAVE NOTHING ELSE BY MOUTH UNTIL
AFTER YOUR PROCEDURE.**

No water, smoking, chewing gum or candy.

ARRIVE AT THE FACILITY AT:

Double check the address where your procedure is scheduled.

Someone should stay with you for 24 hours.