



ADVANCED DIGESTIVE CARE

GASTROENTEROLOGY ASSOCIATES

Where caring for our patients is our #1 priority!

IRON DEFICIENCY ANEMIA is a condition in which blood lacks adequate healthy red blood cells. This occurs when your body doesn't have enough iron to produce hemoglobin. Hemoglobin is the part of the red blood cells that carry oxygenated blood throughout your body. If you aren't consuming enough iron, or if you're losing too much iron, your body can't produce enough hemoglobin and iron deficiency anemia will develop.

Causes of iron deficiency anemia include blood loss, lack of iron in your diet, inability to absorb iron and pregnancy.

Initially, iron deficiency anemia can be so mild that it goes unnoticed. As your body becomes more deficient in iron and anemic, the signs and symptoms worsen. Signs and symptoms may include: extreme fatigue, weakness, pale skin, chest pain, fast heartbeat, shortness of breath, headache, dizziness, cold hands and feet, inflammation or soreness of your tongue, brittle nails, unusual cravings for non-nutritive substances and poor appetite.

If you develop signs and symptoms that suggest iron deficiency anemia, speak with your doctor. Iron deficiency anemia isn't something to self-diagnose or treat.

To diagnose iron deficiency anemia, your doctor may order blood tests to check your hematocrit, hemoglobin and ferritin levels. Procedures such as upper endoscopy and colonoscopy, may be ordered to further evaluate the cause of your anemia.

Once diagnosed, your doctor may recommend that you take iron supplements or you may need to be given iron intravenously. You and your doctor will discuss the best treatment options for your condition.

doctorgi.com

4th Quarter 2018

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Audra Ballash, PA-C, Jackie Ramirez, PA-C, Kibbum Kang, NP-C
Crystal McGovern, NP-C, Melissa Nemeth, NP-C

INJECTAFER INFUSION

Injectafer is an iron replacement product indicated for the treatment of iron deficiency anemia (IDA).

Injectafer is the only IV iron that delivers up to 1500 mg in just two administrations, separated by at least seven days.

We infuse patients with Injectafer at our Gainesville and Warrenton locations.

If you have been diagnosed with IDA or are having signs and symptoms of IDA, call our office to schedule a consultation with one of our providers at any of our three office locations.

Gainesville (571) 248-0653

Manassas (703) 368-6819

Warrenton (540) 347-2470

This information was obtained from Mayo Clinic.



KIBBUM KANG, NP-C



We are excited to introduce our new Nurse Practitioner Kibbum Kang. Kibbum was born and raised in South Korea. She came to the United States in 2005 to attend Stony Brook University, New York. She received her Bachelor of Science in Nursing. She worked as a registered nurse for three years and went on to complete her Master of Adult Nurse Practitioner degree from Sage Graduate Schools in New York. She worked at Albany Medical Center Gastroenterology in New York for three years. Kibbum is fluent in English and Korean. In her spare time, she enjoys spending time with her family and friends. She is excited to explore and serve her new community in Virginia.

Kibbum is currently offering same day office appointments. Speak with our receptionist to schedule.

Are you looking to get your overdue colonoscopy or a screening colonoscopy if you qualify?

(Insurance will pay for patients 50 and older,
African American patients 45 and older)

Do you need another GI procedure or consult before the end of the year?

We currently have openings available at our state-of-the-art Endoscopy Suites in Warrenton and Gainesville and office appointments available in our three office locations. You can take care of any GI concerns before the end of the year and before possible benefit changes with your insurance in 2019.

Both of our Endoscopy Suites are AAAHC and ASGE accredited. All of our physicians are board certified.

We perform colonoscopies, upper endoscopies and flexible sigmoidoscopies in both of our Endoscopy Suites.

We provide infusion services to patients with a diagnosis of Crohn's, Ulcerative Colitis and Iron deficiency anemia within our suites.

In our Warrenton location, we are now performing FibroScans. FibroScan is a specialized ultrasound machine for your liver. It measures fibrosis (scarring) and steatosis (fatty change) in your liver. Fatty change is when fat builds up in your liver cells. FibroScans help your healthcare provider to learn more about your liver disease. Call any of our offices for more information.

We wish you and your family a safe and Happy Holiday!